

Mediation of Conflict

In this series:

“Unraveling the Conflict in Your Life”
“Mediation of Conflict”
“Avoiding Conflict”

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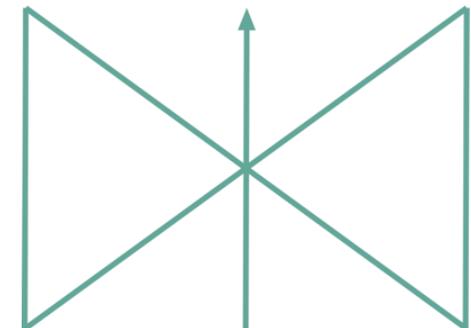
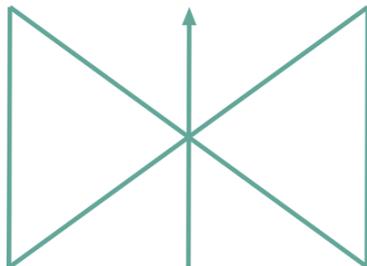
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Conflict Mediation

People believe there is no way to end conflict, but that is not so. It is possible to end any conflict through mediation. Mediation means finding the middle ground so everyone can get their life on a higher level.

To end conflict, four criteria must be met:

Everyone must be considered equal.

Everyone must see it is time to end the conflict.

Everyone must assume responsibility to come up with a plan.

Everyone must work together to bring the plan about.

It is not always easy to reach the first criterion, but it is not hard to come up with a plan where everyone can come out ahead.

If you feel you have been victimized by the conflict, it is time to consider...

- Did your “enemy” attempt to tear apart your life because he or she felt you were attempting to tear her life apart? Has the conflict devolved into a feud?
- At first, did you attempt to help that person and he considered it to be some sort of interference? What does the other person want for his life? What is his plan?
- Are you willing to help your enemy get her life on a higher level? If not, then mediation will not work. It is not time for the conflict to

be resolved. Wait until you are willing to do so, because that is the first step to take to begin the mediation process. By “mediation process,” I mean you are now swinging the pendulum closer rather than further apart. You are bringing the crisis back to healing rather than making the situation worse.

The first step in mediation is to offer to help the other person to get the life they want. The process is called “1-2-3.”

1-2-3

Declare your capacity to get your own life on a higher level.

Demonstrate you are capable of doing so.

Invite your enemy to participate in the plan.

The idea of reaching the point where you are considered equal is to start the process of getting the life you have always wanted.

But when you work to make it happen, you create a crisis in those around you. It becomes a dance. You make a step, and others watch you intently, trying to figure out what you are doing, and how it will affect him or her.

Take the time to work to create your own life, and put the conflict on the back burner for a little while. Even if it seems you can't, as you work to create your life, your enemies will eventually back themselves into the corner,

and their accusations or judgments of you will begin to look ludicrous after a while.

God gives you the right, the opportunity and the capacity to get your life. By “your life,” I am referring to fulfilling your purpose in life, not the present circumstances. Your life is the perfect life for you, and what you have been working to create.

You have to work within certain principles or your plan will fail.

The Four Rules

What you are doing—working to create—has to benefit all people, including your enemies. (If you come up for a cure for cancer, that will benefit all people, whether they have cancer or not.)

You must work on your plan every day. This allows you to demonstrate your intent. It is like becoming an Olympic athlete; it takes dedication.

No one can prevent you from making the plan come about. You must not allow anyone to stop you. What you are doing benefits all people, and therefore, why would anyone want to stop you?!

You cannot do anyone else's project. Everyone is responsible for making their own choices.

Please read our catalog and books for more information on how to make your life happen step by step.